

Search



Diseases and

Home > Our work > conditions > COVID-19

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has 589 confirmed and probable cases of COVID-19. For a summary of the current status see our [latest media release \(30 March\)](#). More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at Alert Level 4 – Eliminate

These alert levels specify the public health and social measures to be taken. Nationwide, New Zealand is currently at Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about [Alert levels](#).

Find out how to look after your [mental health and wellbeing when you have to stay at home](#).

Health and care workers - expressions of interest for COVID-19 response

We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. [Find out more](#)

Personal Protective Equipment (PPE)

[What's important for you to know about PPE](#)

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)

Information for:

- [Health professionals](#)
- [Airline staff](#)
- [Border sector](#)
- [Cleaning services](#)
- [Disability and aged care providers](#)
- [Disabled people](#)
- [Funerals and tangihanga](#)
- [Hotels and hotel staff](#)
- [Older people](#)
- [Personal Protective Equipment for essential workers](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to NZ](#)
- [Workplaces](#)

Current situation

- [Current cases](#)
- [Border controls](#)
- [Epidemic Notice](#)
- [Essential health & disability services](#)

News and media updates


- [30 March - 76 new confirmed cases](#)
- [30 March - Media update](#)
- [29 March - First death from COVID-19 in NZ](#)

[All news and media updates](#)

[Information about current cases](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)

- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#) 

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

30 March:

- [New guidance on funerals and tangihanga](#)
- [Updated advice for health professionals](#)
- [PPE used by community-based midwives for prevention of COVID-19](#)
- [Updated information for disability and aged care providers on Alert Level 4](#)
- [New information for funeral directors on management of deaths due to COVID-19](#)

29 March:

- [Current cases, full details and cluster information updated](#)

28 March:

- [Current cases, full details and cluster information updated](#)
- [Self-isolation for close contacts and travellers updated](#)
- [PPE for essential workers resources updated](#)
- [Advice for travellers updated](#)

27 March:

- [Advice for aged care providers has moved](#)
- [Updated close contact definition](#)
- [Guidance on use of personal protective equipment](#)
- [Updated face mask and hygiene advice](#)

26 March:

- [Updated self-isolation or low-level quarantine requirements](#)
- [Updated current case details](#)
- [Updated essential services in the health and disability system with list of hospital services](#)
- [Increasing the health workforce capacity](#) – we are seeking expressions of interest from health and care professionals

25 March:

- [Updated New Zealand passenger arrival measures](#)
- [Information on essential health and disability services](#)
- [COVID-19 Epidemic Notice](#)
- [Advice for older people](#)

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Other Ministry of Health websites

Official Information Act requests

Information releases

Consultations 

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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

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